

Booking Process

New Client

Return Client

Fill out all details in the Booking Form

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Choose "Initial Biopsychosocial" from Services

Choose Service based on what has been advised by us

Complete Payment Process

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You shall be contacted by our team shortly.

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Detailed Description of the Flow of Process & Services

Booking **Initial Biopsychosocial** is Mandatory and should be your First Step in Booking our Services. Complete the form, and the payment and save the receipt with you for future references.

Upon successful completion of the **Booking Form** and the payment for the **Initial Biopsychosocial**, you shall be contacted by our team via your preferred mode of communication to setup an appointment.

After completing your Biopsychosocial session, you shall be assessed and therefore guided on whether you need Psychotherapy and how to proceed with the same.

You will then have to come back to our Website to make the payment for your resulting **Individual Psychotherapy** Sessions as per your needs (either 45 mins or 60 mins). You could also pay for the entire 6 sessions together by consulting with the Director and using the **Custom Payment** option.

A **Psych Assessment** is mandatory for all Clients and must be booked within your First month of Therapy and a Doctor shall be scheduled to have a session with you where he/she would assess your case and prescribe necessary actions/measures.

Family and Couple's Psychotherapy is optional and can be booked by you if you need your Family or your Significant other to be included within your session.

Pharmacological Management needs to be booked incase you have been prescribed medications by the Doctor and need to get Prescriptions by the Doctor.

You could also select **Pharmacological Management** if you want to Consult the Doctor for any purposes.